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Research Article



Reading and Its Reflection: A Clinical Diagnosis

Wasim Azam

Research Scholar,

Department of English

Banaras Hindu University, Varanasi, U.P., India

Email: wasimazam244@gmail.com

 <https://orcid.org/0009-0007-5493-5417>

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Abstract

Reading is a process of inception and introspection. Reading is the way through which a reader can dream any dreams either in day or in night. Reading makes settings in affirmative form contrary to negativity. Reading is an evolution of consideration of any reflections either within the text or outside the text. Cognition is that road leads reading to acknowledgement of meanings and signs. Reader can serve it to demonstrate everything having read the text of life that leads to the real journey from beginning to ending ahead of upcoming events or upheavals. Reading is a replica of interaction that seeks to impart an effective communication. Reading can produce anything through the production of itself. Reading can

deem things in order to reproduce the text ahead of consideration for evaluation. The clinical order of reading process is sustained with the serene and sheer contemplation of signs from production to evaluation. The objective of reading reflection is to state the inculcation of new insights to figure out upcoming ideas regarding the future recommendation. Reading inculcates new standards, new models and new doctrines to point out requisite validation, sovereignty and regularity. Reading can be observed as a replica of conception, reception, formulation and realization regarding the contents. The reflection of reading is a way of peeling new inspirations to the relevant texts as a mirror exhibits the clear scenario of truth and reality.

Keywords: Reading, Interaction, Evaluation, Text, Reflection, Skill, Language, Cognition, Communication, Diagnosis, Reader

Introduction

Reading is an evolution of stimulating its own image in the mirror that leads to the replica of reflection. This reflection may be either imagination or real realization of signs. Reading is a process of going through that resource what we read or learn from that resource that's a placid format of deeming things logically. Literally, reading is a concept of catching things to insert in the mind with the reflection of understanding. There is a requisite of understanding meaning that creates an integration of all skills. Reading is an evolution of exploring topics and contents in order to figure out the task and a plethora of questions. Reading realizes us for deeming things in a broad manner, not in narrow manner because if we read any items from various sources, we cannot get purification of the concept whatever we should apply in reading these signs in order to get the real meaning. Reading is to be understood in the same way as psychologist advises a clinical solution to a given problem. First thing is to engage with the real based problems. After that there is a need of diagnosis with the confirmation of what the thing reflects in own way. The major concern of reading is to wave the approach of construction. This constructionist approach leads to the road of engaging with the process of reading. When we engage with the content of text, we attempt to explain the text with the meaning. Through the interpretation of the text, the replica of meaning is identified on the higher level. Sometimes, meaning of the text can be achieved with the theory of discourse that is a contemplation of notions and motions. The concept of reading is a board term involving the gesture of new perfection by applying the truth and reality of signs. It may be an exploration of signifier and signified to touch the meaning of a particular text. The meaning of that text is to reveal the condition what the text involves for readers. The role of reader is also significant because a reader plays a major role to produce a new a meaning with the

interaction through the text. Reader lives in the society where he gets the understanding of merits and demerits in order to follow the causative rule and regulation of that particular society. The truth, morality and ethics can be attained with a proper diagnosis of malicious issues that are involved in the society.

Background of Reading

As far as the background of reading is concerned, term literacy should be pointed out to stipulate this skill. The literacy has been originated in southern Mesopotamia that is a part of ancient culture and civilization. The Epic of Gilgamesh has been regarded as world's first written surviving book that could be read first time. The script Cuneiform evolved and gave birth to writing through which reading could be done. Without written inscription how reading is possible? In this script, Each and every syllable was demonstrated by several seminal signs and characters to make able read the things. In Mesopotamian time, Birds were symbols of purity because cuneiform characters or signs were marked by birds' feet on wet ground. The structure of signs was created by feet of birds that could be deemed as the greatest message from Almighty. This way, things could be deciphered logically. The written inscriptions were deemed to have deciphered written marks loudly to clear the pronunciation. The punctuation for reading had been heeded firstly in 200 B.C. during middle ages. Father of history named Herodotus had read his writings from Olympics. The zeal of reading in public domain might be taken time under upheaval of wax and wane but things were secured. The concept of reading is enunciated as 'Red-ing' that has been come in limelight since Saxon period. Reading first time started in the sixth century when tribe Saxons started to take shelter in the valley of Thames. This is the first reading sector in the history where two rivers particularly named Kennet and Thames meet to each other. Reading was mentioned in the history books first time around 870-71 by the empire of other tribe Vikings who had constructed a genuine refuge at reading. Reading came in the roman city of calleva which was the commerce and trading harbor in the roman period. With the fall of Roman Empire, Anglo Saxons tribe took shelter in Britain where Old English was logically popular for communication. The term *Readingas* in Old English language has been associated with the horde of Anglo Saxons tribe. Sometimes, they were considered as 'Reada'speople'. This suggests red one. Then the concept of reading has been led by Oxford Road during the time of 1066 A.D. owned by Elveva who was the nestor of Saxon Nunnery of reading. The battle of Hastings could bring the rule of England where battle abbey had been established for reading. King Henry I created Royal abbey of reading that had been founded in 1121 A.D. after time of his father. Many centuries are gone and crossed all boundaries in the history of reading, assimilating culture and convention. Charles Dickens created monotones for reading

in his time during Victorian period. Reading also needs an audience or readers to read that is why some works of Jean Jacques Rousseau had been boycotted by French authority due to the wanting of readers to read at least some extent. During 19th century, reading might be the source of pleasure and rapture for women who lived with the members their family where younger was ready to learn from elder of family. Through this way, reading has been shined from 6th century to till now especially which is a medium of enjoyment offering peace and serenity.

Reading as Language Skill

Reading is basically a receptive form along with Listening whereas writing is a productive skill along with speaking. Reading is not feasible without writing. I think, "Writing is a road to the skill of reading." Reading can be processed in the form of either silently or in the form of loudly. Earlier texts were enjoyed to be heard rather than seen signs. Reading could be done more silently in ancient times in libraries or in monasteries rather than in modern times. Modern period is a full of crowd where silent and peaceful reading is a little possible, but not impossible. With the passing of time, books come with the better punctuation and clarity to deem things. It is easily accessible in public domain in present scenario. Silent reading is a process of curiosity leading to the action of privatization because if we read signs or written statements silently, it will lead to private activity. Silent reading is the activity of private reading. Writing births the skill of reading. There is a requisite of integration of skills like writing, reading, listening and speaking. As writing is not possible without reading, speaking is not possible without listening skill. We read signs or written marks so that audience can hear signs clearly with precision. If reading is silent, reader can hear signs. One who reads silently, only that one can hear signs. Reading is a receptive skill through which we can hear information that's a process of reception. The complex process of reading needs a skill of speaking. We can enunciate words and letters with the precision and clear articulation. "Reading is just like a writing it for yourself" (Carter).

Reading is also a productive skill when we perceive signs or written marks, we transmit these signs to the readers or audiences. Basically Reading is a receptive skill because there is a way of reception from the platforms of writing, but transmission of information to others makes reading the skill of production. There is just a need of all skills are tethered in one format.

Then, we can hope an effective communication. For an effective communication, The integration of all language skills is mostly requisite. Reading has two forms such as silent form and loud reading form. Both are in vogue since long time. This relies on the reader what he/she wants to read loudly or silently. Silent reading is for those readers who contemplate

insight things in the mind. Oral reading is for those readers who get understandings the meaning of signs after reflection. Silent reading is processed in the head of reader whereas Oral reading can be accessed in mind after getting things though vocal cards. Reading as a language skill is a big concept, not just a simple concept of reading some pages of any texts. It's the biggest concept of comprehension as a language skill. All four language skills are contracted to one another in order to seek to impart a replica of integration. Reading skill is a proper innovation to consult with reader to make interaction. It is a feasible only through the integration of reading and writing. Writing is a productive skill along with the skill of speaking while reading is a receptive skill along with the skill of listening. Reading is a basically receptive skill but it may be a productive skill in the form of reflection because when we reflect something from any texts to make creation. In the same way, listening may be productive in the reflection of text. We generate our own ideas after listening. This act of creation is a road of making the skill of reading as a productive. That creativity comes through the blending of originality and morality that are prominent terms to the reflection of reading. Reading skill to deem the language is concerned with the remaining skills for an effective communication.

Reading as an Act of Interaction

Reading is a way of deciphering signs of the text that's going through that text for a better understanding. Reading makes an interaction with written symbols and written marks. Through the way of looking at these signs, we get the meaning in true sense. When we read some signs of any text by using our eyes to see, those signs are considered to receive written symbols, letters or punctuation marks. Then, we use our brains to change these sign languages into words by forming letters. These words form several sentences and these sentences form several paragraphs that lead to an effective communication through the way of an interaction. Reading interacts with the sight of integration of signs. Reading can be considered as an interactive process. This interactive way has been happened between a reader and a text. This interactive process leads to automaticity. Reader interacts with written symbols directly or indirectly but dynamically in order to stake the full meaning of text. The interaction with the text is a way of approaching the milestone of enjoyment. Reading the text is an exploration of knowledge, relaxation and pleasure. The interaction with schooling advocates the path of reading to hit the stone of knowledge. The knowledge brings the lucent power of reading skill for readers that makes an attractive launch for readers. This attraction with the skill of reading makes an interesting point to scale. The interaction with pleasure through reading skill is a medium of satisfaction. The interaction with relaxation through reading the text is a mark of homely color. The process of coziness is an inclusion of reading

relaxation. Automaticity leads to reading fluency that could be deemed through seven ways as given below:

- (a) Fluency
- (b) Flexibility
- (c) Originality
- (d) Elaboration
- (e) Ductility
- (f) Creativity
- (g) Utility

All these items are important to summarize the process of interaction to reading. Fluency brings proficiency in reading interaction. This makes thing accessible in nature especially for reading skill. Flexibility brings the parlance of easiness. If anything looks harder to achieve, the concept of flexibility applies for making things soft and lofty. Originality brings morality and ethics. Morality and ethics are different terms in nature but can be attained with the concept of originality regarding the process of reading. Elaboration brings analysis of the text. This may be a peculiar analysis or critical analysis of the text. The concept of elaboration can be touched after the process of engagement and exploration. Ductility offers softness to reading interaction. The process of reading is a sheer and stark action to refine it with the theory of purgation. This purgation touches the concept of ductility. Creativity makes the blending of originality and utility to reading interaction. The concept of creativity is not a pensive moment for readers but an innovative inauguration for readers to scale the skill. Utility approaches the application of reading interaction. The concept of memorization leads to the paradigm of using the text in a particular manner for re-observation of the text. In the process of interaction to reading; there are various kinds of knowledge such as schematic knowledge and systematic knowledge. Schematic knowledge brings the light of top-down processing whereas systematic knowledge brings the light of bottom-up processing. The action from lower order to upper order is a timing of systematization as format should be applied to the skill of reading. “My never failing friends are they/with whom I converse day by day” (lines 5-6).

Reading as Predication

Reading is also considered as a way of presenting signs through the process of predication. Predication offers an insight contemplation to bring up compulsory dogmas or doctrines. When a reader argues or makes some discussions about any random topics with insight knowledge, reader questions about those things that are experimented. If things are converted from one part to another form, reader asks a list of questions why and how these

things are impacted. The predication to reading brings the concept of formulation. The predication sets upcoming possible formulation after the experiment. Things can't be professed without an experiment of things which is very important scenario to the concept of reading. Major models and theories are applied to the literacy of children to be facilitated by readers. The concept of predication is a formulation of new invention when reader is involved with the text implicitly. The contemplation about the text makes the determined path for assumption. Readers basically think to assume situations in meticulous manner. The predication of reading is going through the approach of curiosity and perception. The stamina of knowing things is to read with the possibility of curiosity. Readers are ready to detect a plenty of experiments to remark the inspection of reading skill. The happening nature for future observations is to have reflected through the theory of predication with the parlance of attachment.

Reading as Rebellion

When reading material had been achieved in ancient times, people were ready to set out for reading skill. With the blind superstition of conventions and rituals, the major authorized organization restricted readers to read or hurdled to access the reading materials. They also prevented the development of literacy because they were scared about thinking literacy. If people had become literate, they would not have follow conventions. They didn't accept the decree of higher religious authority. Actually, they wanted from people just to follow all conventions blindly without contemplating the situations. Reading has been victorious part of rebellion to resist there under all odd circumstances. The perseverance of readers brings rebellion to reading. Those people were enslaved to resist having brought their lives at all risks. Women were restricted to get part in reading discussions because they were forced to cook and nourish family. Women were discouraged but they did not hope and they made their own libraries in their own home conditions to read. Reading offers craziness to everyone against all odds and oppressions. Chinese and Japanese women bring their own dialects for an effective communication. The author of first autobiography in India was Rashsundari Devi who tried well to get reading by inscribing things herself after the all works and cooking in her house in the state of West Bengal. The scenario of female points was to be discussed during 15th century in the French work "The Distaff Gospels" (Les Evangiles des Quenouilles). During 1559, Roman church Evangelist started to sustain books that were not in vogue. Nazi group had burnt all copies of reading sources in Germany. The colonial empires forced to restrict the publication and printing press. The diagnosis is that readers are fond of reading concepts that's why they are forced to write themselves in order to read their own articles and books.

Reading as Production

Reading is a form of producing ideas, opinions, beliefs, patterns, structures and concepts. Production offers various concerns between reader and text. Production brings the lucent of product to reading through the interaction between reader and text. In the process of production, physical health and mental health both are important to reading. Physical health offers power and enthusiasm to read. Mental health offers technical thought to reading production. This production values and shifts to reproduction after some eventual events.

Reproduction posits the process of reading production in itself. Reproduction carries some faults and mistakes to reading concept during the process of production. Production conceals items to present it fresher and finer that makes the path of reproduction of knowledge to perceive.

Reading with Attention

We should read signs or symbols perfectly with the control of mind in the favorable environment. Favorable environment produces total concentration to reading skill. Attention gets the full control over situation to make environment safe and secure to the process of reading. Reading with attention controls each and every written mark or symbol. Attention for reading is mandatory to get the precise meaning without any stagnation and oscillation. Attention is requisite for not only reading skill but also for the remaining language skills such as writing, speaking and listening. “Reading with attention is a cognitive, co-native and affective” (Bhatia).

Attention advocates the theory of cognition. Sometimes, it is a part of affection and conation to the process of reading skill. The concept of attention is an evocation of favoring the skill of reading with a peculiar concentration. Sometimes, attention is considered along with the concept of interest. Both interest and attention are constituted in manner that can't be segregated from each other. The integration of attention and interest brings the skill of reading in more easy way to handle the task. The attention to reading is an icon of cognition that can be achieved through the cycle meaning, knowing and understanding. The attention creates the process of constructivism in reading the text.

Reading through Motivation

Reading is patterned in any formats with full concentration and attention that can be achieved through the concept of motivation. Motivation brings charms and beauty to reading by sectoring items in positive way against negativity. Motivation brings five concepts to reading skill to scale the theory and medium for readers to personalize the momentum as the followings are given below:

- (1) Ordered necessity doctrine

- (2) Demand/ Supply necessity doctrine
- (3) Nuclear necessity doctrine
- (4) Achievement necessity doctrine
- (5) Humanistic necessity doctrine

Through reading motivation, we need things to decipher signs on basic points, psychological points and self-fulfillment points in order to scale the highest achievement from lower to higher.” Motivation is the art of stimulating interest in the pupil” (Thomson). Motivation gives readers energetic panacea to continue reading without stopping self. It can be affected positively and negatively. Reading a book is the positive preference with positive motivation. It can be created with an affection of reading the text meticulously. “Motivation is the process of arousing, sustaining and regulating activity” (Good).

Critical Evaluation to Reading

Reading is identified in various seminal ways such as reading is a concept of production, a concept of attention, a concept of reproduction, a concept of motivation, a concept of performance and so forth. Reader should connect with the text and situation of anxiety of influence. Reading at last offers an evaluate format with an experience of having ideas and understanding of signs. “Signifier” and “Signified” both are required because signifier means idea whereas signified means meaning. Meaning does not exist without a proper idea. An Idea does not survive without the meaning of text. Meaning and Idea are tethered to each other as whole cosmos is constructed with all items and joined to one another. The reader makes some dogmas, doctrines, theories, principles and comparisons in order to stipulate validation of materials, etiquette of pedagogues and relevancy of written statements. The sincerity of author impacts on readers to read items provided by author. “A Reader lives thousand lives before he dies but a man who never reads, lives only one” (Martin).

The evaluation to reading is a form of seminal functions as the followings are given below:

- (1) Reading is a function of conception.
- (2) Reading is a function of reception.
- (3) Reading is a function of consideration.
- (4) Reading is a function of obsession.
- (5) Reading is a function of coordination.
- (6) Reading is a function of realization.
- (7) Reading is a function of stipulation.
- (8) Reading is a function of exploration.
- (9) Reading is a function of manipulation and valuation.
- (10) Reading is a function of emulation and stimulation.

- (11) Reading is a function of precision and articulation.
- (12) Reading is a function of cognition and comprehension.
- (13) Reading is a function of characterization and naturalization.

Reflection on Reading

Reflecting a text is way of producing deeper information and concerns that appears just having read a text. Reflection is an image that produces the real concern of reading that is reflected in the mirror. There is a need of just looking into the mirror in order to find the real perseverance and didactic approach. When we read some lines from prose or verses of poetry, we can experience the pleasure literally. We absolutely reflect the concept of reading after reading a particular and peculiar text. Reflection is an activity of consideration. That consideration nourishes an experience, idea, opinion and feeling or emotion. Reflection brings it in the luminous of another experience, idea, feeling, emotion and opinion. Reflection is a momentum of concentration and attention. "Reading a book serves to show the man his original thoughts that are not new after all" (Lincoln). Reflection on reading has been concerned with the full meaning of a particular text. There are seminal reflections to be detected and deciphered after reading text as followings are given below:

- (1) Relation between life and text.
- (2) Relation between own world and a particular text.
- (3) Relation between socio-economic cosmos and text.
- (4) Relation between political world and a peculiar text.
- (5) Relation between post-readings and pre-readings.
- (6) Relation between mundane world and text.
- (7) Constructing an online image of the text with the philosophy of Hermeneutics.
- (8) Regulating an implicit meaning of the text and an explicit meaning of the text.
- (9) Stimulating brainstorming questions about the text what a reader has read already.
- (10) Estimating of the real estimate of the text.
- (11) Coordinating the stability and durability of the text.
- (12) Arousing the summing up of the most significant task of the text.

Hence, Reflective reading is to create connection between book life and environment life that is centered on child learning with the possibility of mirror image reflection. "A book is a dream that you hold in your hands" (Gaiman).

An Impetus of Reflective Reading

Reflection on a book is to assimilate those words written within a book that can be achieved with full cognition and comprehension. Reader conveys ideas, opinions, thoughts, schoolings and impressions since the concept of reflection is approved and owned by author especially.

Impressions and Expressions both are proper monuments to attract the reflective reading of reader. “You never feel alone when you read books” (Wiggs). The stimulation and stipulation of reading purpose can be attained with the profound reflection through meaning, skill and aptitude as the significant points are given below:

- (a) Inculcating readers to nurture a reflective clinical stance to the concept of reading skill.
- (b) Inculcating readers to discuss about contents of the text.
- (c) Stimulating readers to participate in volunteer role for post reading discussions.
- (d) Reflective Reading ratifies preview and review of the text for readers.
- (e) Readers must be a part of cognitive apprenticeship.
- (f) Readers should follow displayed directions of Preceptor of which Preceptor plays a major role in modeling the reflective thinking.
- (g) Recuperating the meaning, knowing and understanding of readers.
- (h) Reflecting the brooding and schooling of readers.
- (i) Promoting an experience of a reader one who lives under the shade of poem.
- (j) Nurturing cultural achievement to reflect reading.
- (k) Illuminating an important comprehensive strategy.
- (l) Readers should understand the diagnosis of reflective thinking.
- (m) Promoting interpretation is influenced by one who lives in cultural society.
- (n) Reflective thinking on reading posits information from various fields as knowledge is power.
- (o) Igniting readers to assimilate truth, reality and morality in order to get spectacular outcomes by reading the text. Igniting is not only for inner capacity but also for outer ability of reading skill.
- (p) Framing reading instruction and research for reflective thinking.
- (q) Enjoying reading to be better readers and those abhor reading leading to less reflection.
- (r) Shaping the function of self-teaching and self-learning mechanism.
- (s) Child-centered learning is a reflective evolution of igniting the concept of reading through approaching towards the theory of cognition.
- (t) Human mind should have reading ability and capacity to read early and well incessantly.

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