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What is poetry? Poetry is dynamic not static! It’s like a cosmic moving force causing the Milky Way to sparkle bright at night. It's a shining light illuminating the flight path of Pegasus to heaven. It enhances the soul to enjoy a new sphere of creation. It makes a person holistically whole and stimulates an exploration with corresponding inspiration deep into the core of one’s soul. Poetry is the process of creation which gives life to the mind. It allows the mind to become graciously entwined with, and prevents any misalignment with life itself. It brings about a precious quality of reality to uplift the mind, body, and soul from darkness into the light of inspiration.

Poetry is an energetic modality of natural process and force moving like flashing lightning from an energetic bolt of Zeus. It finds a person’s heart with aspiration when needed. Poetry lifts the essence of the soul to a higher level of aspiration and intuition. It creates visions of life that is natural and unnatural in form, thus highlighting the essence of impermanence. It's not standing still, stagnating, nor shivering. It gives a new flow of energy, thus touching, moving, stirring, and vibrating the third eye of the Chakra, allowing one to see new qualities of life beyond the normal state of existence.

Poetry is tall and short like a person. It reminds the self of Walt Whitman's longest poem, “A Song to Myself.” It’s fat and runs slowly as an earthworm. It’s short as an epigram with just two lines. It’s wide like a metered piece moving across the page. It’s complicated at times, like trying to write in iambic pentameter, quantitatively metered, with accentual-syllabic verses like a Shakespearean Sonnet. It’s as easy as the essence of a book, focusing on meditative haiku poetry, just three lines with seventeen or less syllables. It speaks in a variety of tongues. It’s like a crooked boss who just pissed off an honest employee for doing the right thing; because he tried and failed, jealous sets in, and he is trying to steal the credit for
himself instead of giving praise. It's a sweet wife bringing roses and champagne to dinner with perfumed candles flickering on low.

Poetry brightens a person’s light and erases negative energy lingering in the corners of the soul. It makes physical and psychological ailments uncomfortable, thus placing them on the run. It creates harmony, peace, and love within, thus fighting off and erasing negativity. It brings balance to bodily systems, and enhances one’s power of affirmation, thus brightening and strengthening one’s aura. Alas, it affords the spirit to build continual bridges over troubled water with the ability to drain the swamp, if necessary.

Authors’ Notes:

Prose poetry received its name from the French poet, Charles-Pierre Baudelaire (1821-1867), who wrote, “Little Poems in Prose.” It's associated with the modernist literary movement. Other poets in the 19th century like Arthur Rimbaud, and Rainer Maria Rilke followed. During the 20th century, Amy Lowell and John Ashbury took interest. This form is written as prose. It includes an intertwining of poetry and prose. It is written in a continuous flow like sentences within a paragraph. It does not use line breaks as some regular poetic forms. Other influential writers such as Oscar Wilde and T. S. Eliot were influenced by the form.